

PSHE

At North Mundham Primary School

Our Vision for PSHE at our school

Our comprehensive PSHE curriculum is designed to prepare the children to become thoughtful, safe, respectful and mindful citizens. It is based on six jigsaw pieces that link together both within the year and as they progress through the school. This incorporates our Relationships and Sex Education curriculum which supports children to have the right knowledge and understanding at the right age that they need to develop safe and healthy relationships as they grow and progress in our school and beyond. It is important that our PSHE curriculum reflects our school community and we are sensitive to the needs and diversity of our school community.

Children in our school will learn about ...

PSHE is taught through 6 themes (jigsaw pieces)- Being Me in My World, Celebrating Difference, Dreams and Goals, Healthy Me, Relationships and Changing Me (includes stat. Sex Education). Alongside core curriculum content, materials are adapted to suit the needs of the children as well as ensure that any local or national issues are addressed. Online safety is a recurring and very significant element of our PSHE learning and teaching.

All children will have the opportunity to...

Learn in regular lessons with a variety of learning strategies that allow them to explore their ideas, reflect on learning, evaluate and consider their own opinions on a vast range of topics. Progression is built in through the jigsaw pieces so that children have the opportunity to revisit and build on ideas and learning each year. They will also encounter whole school opportunities in assemblies and collective worship with opportunities to explore and express their thoughts and opinions.

We enrich the curriculum by...

Having whole school opportunities that link to our PSHE learning as well as our school values of *Belong, Believe, Achieve*. Through opportunities such as day and residential visits, visitors (e.g. Red Card to Racism, 5 Ways to Well Being, Rev May, Dog Trust, charity links) and whole school projects like OPAL (Outside, Play and Learning), Team Building activities and many more through the year.

A North Mundham Leaver will...

- Know how to keep themselves safe online both at school and at home and have tools to deal with challenging situations.
- Know how to keep themselves safe both in school and outside the school boundaries.
- Have developed social and emotional skills so that they can communicate effectively and respectfully with peers and adults.
- Have a solid understanding of what makes a healthy relationship and how to identify signs of unhealthy relationships.
- Have a positive mindset about their skills and abilities and have developed a resilient attitude to learning new things.
- Be able to carry out first aid and know how to call for help in emergencies.

