

Our Vision for PE at our school

Our school believes that all children from different backgrounds will have the opportunity to participate in a variety of physical games, sport and activities. North Mundham endeavours to give every child the chance to represent the school in friendly and competitive situations. The children have a 'pupil voice' taking ownership of what could be taught and voicing their opinions. During inter school and intra school competitions we believe that all children should participate and try their best upholding the values of fair play and the guidelines set by the West Sussex School Sports Partnership. Approximately 2 hours per week of curriculum time is given to P.E. and in addition there is a wide range of extra-curricular sports. The school takes part in a wide variety of competitive and fun-based inter-school tournaments and events.

- Playing within the rules
- Listening to the officials
- Setting a good example
- Respecting each other and officials

Physical Education (P.E)

At North Mundham Primary School



A North Mundham Leaver will..

- Understand the positive impact of physical fitness on their own mental health.
- Create positive relationships with physical activity for life.
- Enable pupils the opportunity to compete in a safe, friendly and competitive situation.
- Experimented or tried various sports and physical activity.
- Learn to enjoy 'Active Play'.
- Participate in competitive situations with a 'fair play' attitude
- Enjoy the successes and learn from losses.
- Apply different skills learnt in PE sessions and use them in other situations in sport and real-life

Children in our school will learn about the 6 key skills:
Creative, Cognitive, Social, Health and Fitness, Personal, Physical
PESPA GOALS

1. Be active for at least 60 minutes per day
2. Participate in friendly and competitive situations
3. Try out new sports and activities
4. Be taught a quality P.E curriculum
5. Teachers will be developing their skills to improve their PE teaching

We learn a range of different Skills.....

Stance, floorwork, standing, holding, supporting, jumping, throwing, dodging, hopping, swerving, walking, lunging, kicking, running, galloping, skipping, sending and receiving, jumping and landing, balancing, reacting, responding, travelling, analysing, improving, adapting, decision making, comparing, refining, recognizing, practicing, observing, copying, expressing, disguising, encouraging, trying, performing, organizing, linking, embracing, leading, competing,

All children will have the opportunity to participate in a range of sports

Dance	Skateboarding	Hockey	Netball
Squash	Tennis	Badminton	Gymnastics
Football	Tag Rugby	Boules	Basketball
Judo	Fencing	Table Tennis	Archery
Sailing	Canoeing	Cricket	Orienteering
Swimming	Running	Athletics	Volleyball
Yoga	Climbing	Dodgeball	Rounders

We are active, We are leaders, We participate,
we Compete, We play fair

We enrich the curriculum by...

- Participating in competitive and friendly events.
- Invite guest sportspeople to speak to and inspire children.
- Enable children the opportunity to try new and different sports and activities.
- Encourage children to be active at school and at home
- Invite other clubs and organizations to promote various sports.
- Hold annual Sports Days and regular intra school competitions.
- Allow opportunities to lead activities at break/lunch