



North Mundham Primary School

The Heron Newsletter



Welcome to our fortnightly newsletter

Spring 1

19th January 2024

In this newsletter, find out about:

- **Mrs Gordon's message and school news**
- **OPAL updates**
- **Reminders and Notices**
- **Internet Safety**
- **Upcoming events**

A Message from Mrs Gordon



Dear Parents and Carers,

After a very damp start to the new year, this week has been a beautiful cold and frosty winter one. We have had lots of opportunities to continue to develop our OPAL outside areas and use them in different ways.

We have also started the new term with some exciting trips; Year 3 and 4 went to Chichester Festival Theatre to be part of the Children's Concert. They had the opportunity to see a whole orchestra and take part in the concert as well with songs and interaction. The children behaved exceptionally well and were a credit to the school.

Yesterday Year 6 went to The British Museum in London. It was a long and full day but they thought it was 'amazing', 'brilliant', 'exciting' and 'great fun'. Several members of the public made a point of finding the group leaders to let them know how impressed they were with our pupils and their conduct, which we are very proud of. They found the Africa exhibit really interesting and were learnt

more about this important historical era. They were engaged and have produced some excellent follow up work today.

Today we have had a whole school team building focus and in our celebration at the end of the day, children were encouraged to think about all of the skills that they have had to use to be part of a team. Some of the things that they came up with were: communication, listening to each other, helping each other, being kind, not giving up, supporting and encouraging each other. During the games and activities that they took part in, they demonstrated and practised these skills. We all agreed that these are life long skills that they will need in lots of different aspects of their lives in the future.

Class celebrations so far this term:

Ladybird Class- have been reading the story of 'The Tiger Who Came to Tea'. Everyone had a go at using their phonic skills to re-write the story.

Bumblebee Class- have started some spelling sessions and have tried very hard to practise their words in different activities through the week.

Caterpillar Classes- this week in maths the children have been looking at money and completing activities and problems using money. They have tried very hard and impressed the adults in their class.

Butterfly Class- have done some super work in poetry this week. They have written some fantastic descriptions of Autumn using adjectives and similes.

Scarab Beetle Class- have started off the term working very well in maths. They have been identifying factors and using them in problem solving as well as working very hard on their times tables.

Praying Mantis Class- have started their 'Lines and shades' art project with enthusiasm and skill, creating some very impressive sketches and continuous line drawings.

Dragonfly Class- in their first few Forest School sessions, they have shown teamwork, co-operation and the ability to have fun whilst also being kind to each other.

Wishing you all a lovely weekend!

Best wishes,

Zoe Gordon, Headteacher

Team Building



Some of our new clubs this term











Butterfly Class and Scarab Beetle Class go to the theatre





Year 6 visit London



OPAL- Outside Play and Learning



In our first Play assembly this term, we talked about the different play types and the importance of trying something new. Lots of children have ventured to The Fuzzies this week and enjoyed investigating the ice in this very cold weather. Next week we going to be trying out some different sports.

We are still looking for more small world play for our small word area- play figures, Lego, Duplo, Playmobil, farm, dinosaurs etc. We are very grateful for any donations.

In this winter weather- both the wet and the cold- please ensure that your child is appropriately dressed.

Many thanks







Online safety



This year's Safer Internet Day is on 6th February but we encourage you to think about ways to help your child stay safe online at all times. Follow [this link](#) for some excellent films made specifically for this year.

<https://saferinternet.org.uk/safer-internet-day/safer-internet-day-2022/films>

Important Notices



Notices

Next Week- Reminders:.

Attendance

The new term is a good opportunity to set a new goal to make sure that your child is in school as much as possible this term. Poor attendance affects all aspects of pupil's education and can have a significant impact on their future life outside of school as well. We want all of our pupils to have the best chances possible. If you are unsure whether to send your child to school, here is some good advice from the NHS <https://www.nhs.uk/live-well/is-my-child-too-ill-for-school/>. Many of you work hard to ensure that your child's attendance is good and we are very grateful for this.

Foodbank

The Foodbank service are now offering advice for people about a range of matters as well as regular food parcels and school holiday lunchpacks. Please let us know if you would like to know more about this.

Bag2School

Our next collection is on 25th January. Bags can be dropped off from this Monday in the school entrance. This is an excellent opportunity to have a Spring clear out as well as make some money for the school.

Parking

Please ensure that you park responsibly in the playing fields car park. It is all of our responsibility to make sure everyone is safe around the school and this includes all drivers.

Earrings

Please make sure that only studs are worn in school and that children can remove them from their ears themselves.

Christmas left overs

If you have any wrapping paper left over from Christmas, the PTA would be very grateful for it as they can use it next year.

Parenting Workshops

It's not too late to join these- see below for more details.

Many thanks for your co-operation in these matters.

Parenting Support Workshops for Primary Schools



Supporting your child with fears and worries

We offer this for parents of primary-aged pupils and was developed by Educational Psychologists and Advisory Teachers within the Thought-Full team.

The course uses evidence-based approaches and are suitable for any parents who would like some guidance and ideas about how best to support their child's emotional wellbeing but would be particularly suitable for those whose children experience fears and worries.

The five sessions will take place at school and will be led by Advisory Teachers as well as the EMHP's based in your school.

Session 1 – The first session starts with understanding anxiety and introduces the biological function of anxiety. We also spend time getting to know each other, parents' experiences with their children and what they would like to gain from the workshops. As well as sharing our stories.

Session 2 - This session is one of two which focuses on supporting children with anxiety and worries. It explores what keeps anxiety going and the strategies that can be used to support children and the whole family. We share what little tweaks we may have made after last weeks session.

Session 3 - This is the second session on supporting children with anxiety and worries. There will be further discussion of approaches to support a child with worries including the use of language and the PACE approach (playfulness, acceptance, curiosity, and empathy). We explore some ideas about how parents can incorporate these areas into their daily life.

Session 4 - In this session we introduce emotion coaching which is a step-by-step approach in helping children to learn about emotions and how to deal with them.

Session 5 - In the final session we look at encouraging resilience. We explore how we can support children with worries to build their resilience and grow into adults who can cope with life's ups and downs. We bring the session to a close by reflecting on the workshops and next steps.

The more we weigh, the more they pay!

PTA
Northwoodham Primary School

Last drop-off at 9am on 25th Jan

Let's Help Each Other

Donations Needed

Coats
Hats
Towels
Curtains
Handbags
Jewellery

Bag2School
TM
www.bag2school.com

Clothes
Ties
Shoes
Soft Toys
Belts
Bedding

THURSDAY 25TH JANUARY
Please fill-up your OWN bags - NO WEIGHT LIMIT
(NO uniforms, workwear, pillows, duvets, or pieces of fabric PLEASE)

DONATE NOW

Donation bags to be dropped off from Monday 22nd Jan onwards at the school reception



HALF TERM HOLIDAY CLUB

SPORTS ZONE | ACTION ZONE | CHILL ZONE

WARBLINGTON
TPS
ST JAMES
MEON JUNIOR
Highbury Primary
Springwood Junior
ELSON INFANTS

AGES YEAR R* - YEAR 7
PRICES FROM £24
SIBLING DISCOUNT AVAILABLE
8AM - 5PM
*Year R attend for half day 9.00am - 1.00pm

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Ofsted Registered
Friendly & Qualified Staff
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Safeguarding & First Aid Trained

"THIS MORNING, HE
WAS WORRIED ABOUT
SCHOOL.... BUT LOOK
AT HIM NOW!"

MOMENTS
MATTER,
ATTENDANCE
COUNTS.

HM Government
Head to the Education Hub to find out more.

Dates for the diary



24th January- Year 5 and 6 Cross Country

30th January – Young Voices at The O2

2nd February- Year 3 and 4 Wizard of Oz Film Night 4.15-6pm*

9th February- break up for half term

19th February- INSET day

23rd February- Celebrate your culture day*

28th February- Year 5 and 6 visit to Chichester Festival Theatre- The Boy at The back of The Class*

28th February- Corporate Challenge 1*

29th February – Dancehouse

11th March- Science week

12th March- Dance Festival

12th, 13th and 14th March- Parents' Evenings

13th March- Corporate Challenge 2

21st March- Year 6 visit to Sea City Titanic Museum*

22nd March- Poetry Slam*

27th March- Easter Church service

27th March- Corporate Challenge 3

28th March- Break up for Easter

Please note that more dates will be added in future newsletters.

*- more details to follow

INSET Days 2023-24

(Nearly all INSET days are either at the beginning or end of a school holiday, we ask that you take advantage of these for family holidays or long weekends and DO NOT book holidays in term time.)

Monday 19th February 2024

Friday 24th May 2024

Contact Us



If you have any questions or queries, please don't hesitate to contact us:

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