



North Mundham Primary School

The Heron Newsletter



Welcome to our fortnightly newsletter

Autumn 7

8th December 2023

In this newsletter, find out about:

- **Mrs Gordon's message and school news**
- **OPAL updates**
- **Reminders and Notices**
- **Internet Safety**
- **Upcoming events**

A Message from Mrs Gordon



Dear Parents and Carers,

December is well and truly upon us and it has been a very exciting couple of weeks. Last week our Christmas Fair was brilliantly organised by our PTA and all of their helpers. A huge thank-you to everyone who helped make the event so successful. The atmosphere was really lovely and it was great to see so many families there. It was a real whole school community affair with pupils, staff, parents and governors all playing their parts. We raised an amazing £2045- which is fantastic. We will be letting you know in the new year what we will be funding with this and our other profits from this term. Well done everyone!

This week we have had the absolute joy of our productions of 'I'm Gonna Shine' for Key Stage 1 and Ladybird Classes. The children and adults all worked very hard to practice the singing, lines and movements. With some real standout performances and everyone looking like they were having a great time, it was a magical experience.

Our upper Key Stage 2 pupils have had more sporting opportunities in the last two weeks. Last Wednesday, we took a group of children to the Sportshall Athletics in Bognor. Competing against 9 other schools, pupils took part in a number of track and field events. They all did their best and we had some wins and some very close races. On Monday at the girls' cricket tournament, Mrs Ford was very proud of our team who were excellently led by Chloe, their captain, and who did very well in their matches- we are awaiting our final place. On Wednesday our boys' A Team played in the district finals. They came 6th but played well and were an excellent team. Today, we have taken a mixed team to the Basketball tournament and competed very well against 5 of the other teams. It was a competitive affair and they really gained confidence as the afternoon went on.

Class celebrations this week:

Ladybird Class-

Well done to Ladybird Class for such an amazing nativity! Your production of: 'I'm Gonna Shine' was simply awesome!

You are all total superstars!

Bumblebee and Caterpillar Classes-

Both classes were exceptional during their Christmas performance.

There was superb singing, super acting and amazing story telling.

Miss Grounds and Miss Guppy are so impressed with all of you and feel incredibly proud!

Butterfly Class- Well done Class 3 for your Forest School activities over the past couple of weeks. They have persevered to make fire, planned and worked as a team to make dens and not forgetting finding out that corn kernels 'pop' to make popcorn!! Great work!

Scarab Beetle Class-

Year 4 have been researching bullying in order to write persuasive letters next week.

They have found out lots of information already and Miss Hull is looking forward to reading your persuasive writing soon!

Praying Mantis Class- Well done for taking part in this day with so much enthusiasm and for making it so enjoyable for everyone. They loved trying the food at the restaurant and showed excellent manners and etiquette.

Dragonfly Class-

Year 6 ran their Xmas stalls so successfully last Friday!

Not only were all the ideas fun, creative and fully resourced but Year 6 also set them up superbly, manned them for the whole duration of the fair and tidied away afterwards – such a support for Mrs Gill and Mrs Robins – thank you!

What a wonderful, creative team you were and you raised so much money for the school. Well done

Wishing you all a lovely weekend!

Best wishes,

Zoe Gordon, Headteacher

Sporting Fun!







A very successful Christmas Fair

















IRock Assembly









I'm Gonna Shine













Year 5 Chinese day











OPAL- Outside Play and Learning



We have been able to go back in The Fuzzies with the drier weather at the beginning of the week and many of the children have enjoyed revisiting den making and lots of creative games and activities down in the woods.

We really need some more dolls and any clothes or accessories would be gratefully received.

On Monday we will have our next Play assembly, where the children get the chance to plan for the OPAL activities next term.

Many thanks

Important Notices



Notices

Next Week- Reminders:.

Christmas party and discos 12th December

We are having a Christmas celebration in school for the children on the afternoon of 12th December. Children in **Ladybird, Bumblebee and Caterpillar** (R, 1 and 2) classes will have a magician show in the afternoon and **Butterfly and Scarab Beetle** (3 and 4) Classes will have a disco from 3.20-4.15. All of these classes can bring part clothes to change into if they wish. **Praying Mantis and Dragonfly** (5 and 6) classes will have a disco from 4.20-5.20. They do not need to bring clothes to change into as they will have time to go home and get changed. Please see your child's teacher if you have any questions or concerns about this.

Christmas Lunch 13th December

Hopefully you have ordered your child's Christmas lunch by now. If your child is having a packed lunch on that day, then maybe you would like to pack them a Christmas treat or two. (no nuts or fizzy drinks). Please don't forget to remind your child if they are having a hot meal- especially if they do not normally have one. Children can wear a Christmas jumper (or similar) and their own clothes on this day. Please note that Forest School will be on for Year 1 and 3 on this day so they should still wear suitable clothes for this (and a Christmas jumper!). On this occasion we will not be asking for a donation.

Church Service 14th December

We will be going to St Stephen's Church on **Thursday 14th December** for our annual Christmas Service. Parents and carers are welcome to attend. The service starts at 9.30. If you are attending and could walk down with your child's class, please let the office know.

Parenting Course

I think we can all agree that parenting is no mean feat and that sometimes it helps to share your concerns, worries and questions. In January we will be hosting a 5 week Parenting Support Workshops. This will cover many themes such as supporting children with anxiety, emotional

dysregulation and how to encourage resilience. See the information below and look out for more information. The course will start on **Thursday 11th January at 9am**. If you are interested, please contact our school office.

Holiday Clubs

Pupils entitled to Pupil Premium can attend holiday clubs for free- see below for more details or ask in the school office.

Clubs next term

A list of new clubs will be given out in the first week after Christmas. These will start in second week back. However, choir starts on Thursday 4th January and Dancehouse starts on 8th January. (Pupils have already signed up for these clubs).

Many thanks for your co-operation in these matters.

Parenting Support Workshops for Primary Schools



Supporting your child with fears and worries

We offer this for parents of primary-aged pupils and was developed by Educational Psychologists and Advisory Teachers within the Thought-Full team.

The course uses evidence-based approaches and are suitable for any parents who would like some guidance and ideas about how best to support their child's emotional wellbeing but would be particularly suitable for those whose children experience fears and worries.

The five sessions will take place at school and will be led by Advisory Teachers as well as the EMHP's based in your school.

Session 1 – The first session starts with understanding anxiety and introduces the biological function of anxiety. We also spend time getting to know each other, parents' experiences with their children and what they would like to gain from the workshops. As well as sharing our stories.

Session 2 - This session is one of two which focuses on supporting children with anxiety and worries. It explores what keeps anxiety going and the strategies that can be used to support children and the whole family. We share what little tweaks we may have made after last weeks session.

Session 3 - This is the second session on supporting children with anxiety and worries. There will be further discussion of approaches to support a child with worries including the use of language and the PACE approach (playfulness, acceptance, curiosity, and empathy). We explore some ideas about how parents can incorporate these areas into their daily life.

Session 4 - In this session we introduce emotion coaching which is a step-by-step approach in helping children to learn about emotions and how to deal with them.

Session 5 - In the final session we look at encouraging resilience. We explore how we can support children with worries to build their resilience and grow into adults who can cope with life's ups and downs. We bring the session to a close by reflecting on the workshops and next steps.



Active
Holidays



Chichester College

Christmas Holidays 2023

» 360 Sports

£24 per day*

*Get 15% off with our Active Saver code **ACTIVE15** valid until Sunday 3rd December.

Chichester College will be closed Wednesday.

Scan the QR code to book your place:



Location:
Westgate Fields,
Chichester PO19 1SB

Childcare
Vouchers
Accepted



Don't forget about our **10% sibling discount** too!

Our mission is
To change lives by improving health and wellbeing using the power of physical activity, sport and education.



For more information and to book, visit

www.activeme360.com



/activeme360



@activeme360



@activeme360

Sports

Our 360 Sports camp is the perfect place for the sports 'allrounder'. In this camp you will experience a wide range of activities including; Dodgeball, Tennis, Tag Rugby, Olympic

Sports, Fencing, Archery & many more.

Frequently Asked Questions

What time should I drop off /pick up my child at a camp?

Our hours for Chichester College camp are 9:00am drop off and 4:00pm pick up.

What should my child bring?

Your child is more than welcome to bring outdoor activity shoes i.e. football boots, but trainers are essential in case we need to go inside. We will provide all necessary equipment for all the sports and activities your child will take part in.

Will you provide breakfast and lunch for my child?



Only children who are eligible and book onto the 360 Sports (HAF) camps will receive breakfast and lunch. For all other bookings, please provide your child with healthy snacks, a packed lunch and a

refillable drinks bottle – no fizzy drinks. We operate a NO NUT policy on our camps so please do not pack them!

What should my child wear?

Every child should wear appropriate clothing for outdoor activities, tracksuits with shorts if the weather is good and a waterproof jacket.

Will you provide sun cream?

No, we are unable to apply sunscreen to children. Please ensure your child arrives wearing the appropriate factor and send additional sunscreen in with your child. We will remind them throughout the day to apply it.

Will you provide drinks?

Yes. All of our camps will have access to drinking water to refill water bottles.

What if the weather gets bad?

We have inside facilities available all week.

What if my child doesn't enjoy it? Trust us, they will. However, please do feel free to raise this with us and we will deal with individual circumstances.

What if my child gets injured?

All of our coaches are First Aid trained. If there is an emergency, you will be contacted immediately on the emergency contact details you have provided.

[Follow this link to book -](#)

bookings.activeme360.co.uk/project/49495

Or book your

place, by

**If the information you are looking for is not there, please do not
contact our team via email: hello@activeme360.com QR code:**

scanning the hesitate to

Active8 Minds
Sport & childcare specialists

CHRISTMAS PARTY DAY
FRIDAY 22ND DEC
9.00AM - 3.30PM

HAF FUNDED SPACES

JOIN US FOR CHRISTMAS HOLIDAY CLUB
18TH - 22ND DECEMBER 2023

LAZER TAG
FOOTBALL DARTS
ARCHERY ARENA
UV GLOW ARENA
BOARD GAMES
ART & CRAFT
TRADITIONAL SPORTS
TEAM GAMES
LEGO
ELECTRONIC CIRCUIT ACTIVITY
K'NEX BUILDING SETS
MARBLE MANIA

Ofsted

www.active8minds.co.uk
01243 696580

WEEKDAYS: 8.00AM - 5.00PM
HAF FUNDED SPACES (9.00AM - 4.00PM)
SIBLING DISCOUNTS AVAILABLE
OPEN TO YEARS 1 - 7

TPS | ST JAMES | SPRINGWOOD | HIGHBURY | MEON | WICOR

In partnership with **westsussexwest** School Sport Partnership
west sussex county council

ARENA SPORTS CENTRE

Christmas holiday camps

Sessions run by experienced & qualified teachers, coaches & School Games Organisers. Activities include:
Football, Tag rugby, Golf, Athletics, Striking & Fielding, Hockey and much more!
Please note activities may vary daily

Bookings open 1st November (limited places available)
Arena Sports Centre 09:00-15:00
School years 1, 2, 3, 4, 5, 6, 7 (Academic year 22-23)

Date **Monday 18th December- Thursday 21st**
(Individual day bookings available)

£19.75 or £74 for all 4 days! - Includes a hot meal!

All Free school meal pupils can access this provision for FREE, via HAF, check with West Sussex County Council for more information.

HAF places please book via the WSCC website:
www.westsussex.gov.uk/haf

Booking Deadline Sunday 3rd December

Please contact us for booking:
Tel 01243 870000 www.arenasportscentre.com
Email bookings@arenasportscentre.com

Westloats Lane, Bognor Regis, West Sussex PO21 5JD

Ring reception to book: 01243 870000

Internet Safety



At this time of year, we need to be as vigilant as ever with monitoring the children's online activity.

Why not take a minute to play your child's favourite games with them so that you can chat to them about it really understand what goes on.

Dates for the diary



12th December- KS1 Christmas parties and KS2 Disco

13th December- Christmas lunch

14th December- 9.30 Christmas service at St Stephens- parents welcome

15th December- break up

3rd January- return to school

11th January- first Parenting Workshop

16th January- Year 3 and 4 to Chichester Festival Theatre for Schools' Concert*

18th January- Year 6 London visit*

30th January – Young Voices at The O2

28th February- Year 5 and 6 visit to Chichester Festival Theatre- The Boy at The back of The Class*

28th February- Dancehouse

21st March- year 6 to Sea City Titanic Museum*

Please note that more dates will be added in future newsletters.

*- more details to follow

INSET Days 2023-24

(Nearly all INSET days are either at the beginning or end of a school holiday, we ask that you take advantage of these for family holidays or long weekends and DO NOT book holidays in term time.)

Tuesday 2nd January 2024

Monday 19th February 2024

Friday 24th May 2024

Contact Us



If you have any questions or queries, please don't hesitate to contact us:

head@northmundham.w-sussex.sch.uk

office@northmundham.w-sussex.sch.uk

01243 785502

[website](#)

<https://www.facebook.com/NorthMundhamSchool>

Give us your views: <https://parentview.ofsted.gov.uk/>